

Golden Rule Apartments

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NEWSLETTER

October 2011



October CALENDAR

Columbus Day

Monday, October 10, 2011

The rental office will be closed in observance of this holiday.

Halloween

Monday, October 31, 2011

GATE OPENERS

In last month's newsletter, residents were informed that the parking gate openers would be distributed. If you have not received your gate opener, we ask that you stop by the office to fill out the request forms and pick one up. On Monday September 26, 2011 the parking gate became fully operational, and a gate opener will be required to gain access. Only vehicles registered with the management office are eligible to receive a gate opener.

TASTE OF DC - October 8-10, 2011

This festival of food, wine, beer, and music will feature tastings and dishes from more than 80 of DC's best restaurants, eateries and food trucks, a Farm-to-Fork zone, and the chance to get up close and personal with local chefs and winemakers. Wine and craft beer pavilions will showcase wines from around the world as well as craft beers that are brewed around the region. Live entertainment will be performed on four stages with national headlining acts, local bands, chef demonstrations and family performances. A portion of the proceeds from the Taste of DC will be donated to the DC Central Kitchen, the American Red Cross, and Bread for the City. For more information visit www.thetasteofdc.org.

Please welcome...

Tyrone Dickens to the team here at



Golden Rule Apartments. As the lead maintenance technician, Mr. Dickens will be working under the supervision of Mr. Wendell

Pinckney. Mr. Dickens brings over 20 years of experience within the property management field.

Breast Cancer Awareness Month

October is National Breast Cancer Awareness Month (NBCAM). Breast cancer is the fifth deadliest form of cancer worldwide and on this 25th anniversary of NBCAM, the organization that started it wants to remind women everywhere to practice regular breast self-exams and to schedule regular visits and annual mammograms with their health care provider.

Volunteer Request

We are currently looking for volunteers to assist the children of Golden Rule Apartments with homework and school projects. We are still developing this initiative and would welcome suggestions and any feedback from building residents and parents.

Extermination Services

Extermination Services are scheduled every Wednesday. If you are in need of services, we ask that stop in the rental office to put your name on the list.

Halloween

With Halloween season approaching, we ask that parents and children not trick or treat here at Golden Rule Apartments. However, children are welcome to stop by the management office until 5pm on Halloween for a treat!



Earthquake Readiness

On August 23, 2011, our region experienced a 5.8 magnitude earthquake. Like many of us, you may not have been prepared. Here are 5 helpful tips to better prepare you should there be another earthquake.

1. Check for Hazards in the Home

- Place large or heavy objects on lower shelves.
- Store breakable items such as bottled foods, glass, and china in low, closed cabinets.
- Hang heavy items such as pictures and mirrors away from beds, couches, and anywhere people sit.
- Brace overhead light fixtures.

2. Identify Safe Places Indoors and Outdoors

- Under sturdy furniture such as a heavy desk or table.
- Against an inside wall.
- Use a doorway for shelter only if it is in close proximity to you and if you know it is a strongly supported, load bearing doorway.
- In the open, away from buildings, trees, telephone and electrical lines, overpasses, or elevated expressways.

3. Educate Yourself and Family Members

- Contact your local emergency office or American Red Cross for more information on earthquakes.
- Teach children how and when to call 9111, police, or fire department, and which radio station to tune to for emergency information.

4. Have Disaster Supplies on Hand

- Flashlight and extra batteries.
- Portable battery-operated radio and extra batteries.
- First aid kit and manual.
- Emergency food and water.
- Nonelectric can opener.
- Essential medicines.
- Cash and credit cards.
- Sturdy shoes.

5. Develop an Emergency Communication Plan

- In case family members are separated from one another during an earthquake (a real possibility during the day when adults are at work and children are at school), develop a plan for reuniting after the disaster.
- Ask an out-of-state relative or friend to serve as the "family contact." After a disaster, it's often easier to call long distance. Make sure everyone in the family knows the name, address, and phone number of the contact person.

Kids' Corner

The first five children to complete the word search and bring it to the management office will receive a prize.

HALLOWEEN Word Search



Halloween Fun

Z C X E C S R R F F V V I S J
 D W Q L B A R Z U S M D I S J
 T U E Z A F N E R I N Z M E Q
 V A M P I R E D T R Q T J C R
 Y T R A P W Q H Y S A M R N M
 Y F R H H B X N J C N V Y I T
 Q F J C G W A K K S L O X R H
 S E M U T S O C S T E U M P J
 Q L S N K G A C O J T U Z T X
 P V N R I L Y A E K H V T U A
 A E V G B T T R X Y B E S T G
 W S P J R R Y U I T E A C M I
 S X U E N I E S Z A H C O U Y
 V O A S V C Q U G T F N I Z P
 C T R K K K N B H N D S D Z Z



**Candy
 Trick
 Treat
 Costumes
 Party
 Monsters
 Vampire
 Princess
 Fairy**



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