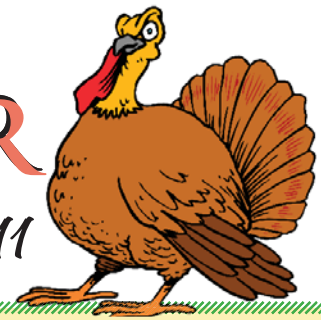


Golden Rule Apartments

901 New Jersey Avenue, NW
Washington, DC 20001
Phone (202) 842-1580
Fax (202) 842-0367

NEWSLETTER

November 2011



November CALENDAR

Daylight Savings Ends

Sunday November 6, 2011

Don't forget to set your clocks back an hour!

Veterans Day

Friday November 11, 2011

The office will be closed in observance of this holiday.

Thanksgiving

Thursday & Friday

November 24 and 25, 2011

The office will be closed in observance of this holiday.

Management Reminders

Please remember that office hours are from 9am to 4:30pm. Residents will no longer be allowed in the office after 4:30pm, unless you have an appointment.

Effective immediately, Management will no longer give copies of any documents from resident files unless you schedule an appointment. We will not be able to make copies of or fax any documents for residents before 4:00pm. Residents must supply paper and/or fax cover sheet.

Please keep an eye on your children at all times. We have received several complaints of unsupervised children in the hallways of the building. For the safety of your children and others, we ask that children be supervised at all times when outside of the home. This includes the elevators, hallways, and playground.

In the Community...

Ice Christmas at the Gaylord National Resort

November 18, 2011 thru January 8, 2012

This award-winning holiday attraction is a winter wonderland created entirely of 5,000 BLOCKS of ice weighing 1.5 MILLION POUNDS! It has been hand-sculpted by 40 international artisans and is kept at a chilling nine degrees Fahrenheit.

Help the Homeless Walk - Washington, DC National Mall.

November 19, 2011

Help raise awareness and funds to help the homeless in DC while enjoying a 3 mile walk around the city.

Chipotle - Chipotle is now open at 1045 5th Street NW.

November is National Alzheimer's Awareness Month

Alzheimer's disease (AD) is a slowly progressive disease of the brain that is characterized by impairment of memory and eventually by disturbances in reasoning, planning, language, and perception. Many scientists believe that Alzheimer's disease results from an increase in the production or accumulation of a specific protein in the brain that leads to nerve cell death. Alzheimer's is the sixth-leading cause of death in the country and the only cause of death among the top 10 in the United States that cannot be prevented, cured or even slowed.

Laundry Room Etiquette

Management has been receiving complaints that clothes are being left in the washing machines and dryers. We would like to remind you that the laundry facilities are for all residents. Effective immediately, we are implementing a time limit for items in washer/dryer. If your clothes are not removed from the washing machines within 30 minutes or from the dryer within 1 hour, management will remove your clothes from the machines so that machine usage is available to others. Clothes will be placed in trash bags and will be held in lost and found. If they are not picked up within 24 hours they will be discarded.

INSPECTIONS

In mid-November, Management will be conducting a full interior/exterior inspection of every unit. We will notify you by letter what day we will be entering your unit. The inspection will include the outside area surrounding your doors and balconies. Any damage seen will be reported to maintenance and charged accordingly. It is your responsibility as the resident to ensure your threshold is clean at all times. You can thoroughly clean by using warm water and mild soap and wiping the walls and base around doors.

Holiday Celebrations

Have an idea for a celebratory event for the upcoming holidays? We'd like to hear it! Please place your suggestions in the drop box.

All ideas will be considered.



Turkey Vegetable Soup with Stuffing Dumplings

To get rid of all that leftover turkey and stuffing, try this recipe



Ingredients

- Carcass from one 12-14 pound roasted turkey, picked clean
- 2 large onions, one quartered and one chopped
- 4 peeled carrots, 2 coarsely chopped and 2 sliced
- 4 stalks celery, 2 coarsely chopped and 2 sliced
- 6 garlic cloves, 4 smashed and 2 chopped
- 1 bay leaf
- 10 whole black peppercorns
- 1 tablespoon extra-virgin olive oil
- 2 large eggs
- 6 tablespoons all-purpose flour, plus more as needed
- 1/2 teaspoon salt, plus more as needed
- Freshly ground black pepper, to taste
- 2 cups leftover stuffing
- 2 sprigs fresh thyme
- 2 cups shredded leftover turkey meat
- 1 cup leftover corn kernels

Directions

Put the turkey carcass, quartered onions, coarsely chopped carrots and celery, smashed garlic, bay leaf, and peppercorns in a large stockpot and add enough cold water to just cover, about 2 quarts. Bring the water to a boil, and then reduce the heat to maintain a gentle simmer and cook for 1 hour. Remove from the heat and strain the solids from the broth. Pour the liquid through a fine mesh strainer and reserve; you should have about 10-12 cups broth. Meanwhile, in a small bowl, whisk the eggs, flour, 1/2 teaspoon salt, and some black pepper together until smooth. Add the stuffing and mix until well combined; cover and reserve.

Wipe the stockpot clean with a paper towel. Heat the oil in the pot over medium heat. Add the chopped onion and garlic and cook until soft and translucent, about 6 minutes. Add the sliced carrots and celery, thyme sprigs, and reserved broth and bring to a simmer; cook until vegetables are just soft, about 10 minutes.

Roll level tablespoons of the dumpling mixture into balls with wet hands (see note) and drop into the simmering soup; cook until dumplings float, 3-4 minutes. Gently stir in the turkey meat, corn, and season with salt and pepper, and simmer until heated through. Serve immediately.

Note: Moistness of stuffing can vary; if the dumpling dough is too soft to roll, add flour a teaspoon at a time until it is firm enough to hold its shape while rolling

Kids' Corner

The first five children to complete the puzzle and bring it to the management office will receive a prize.

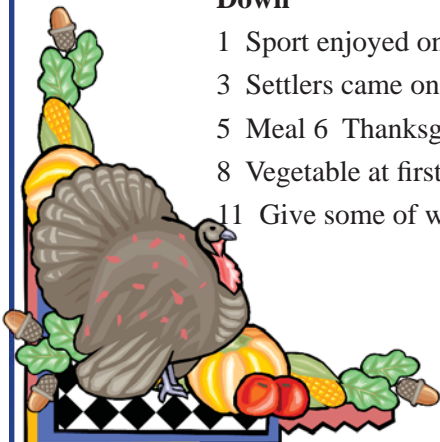
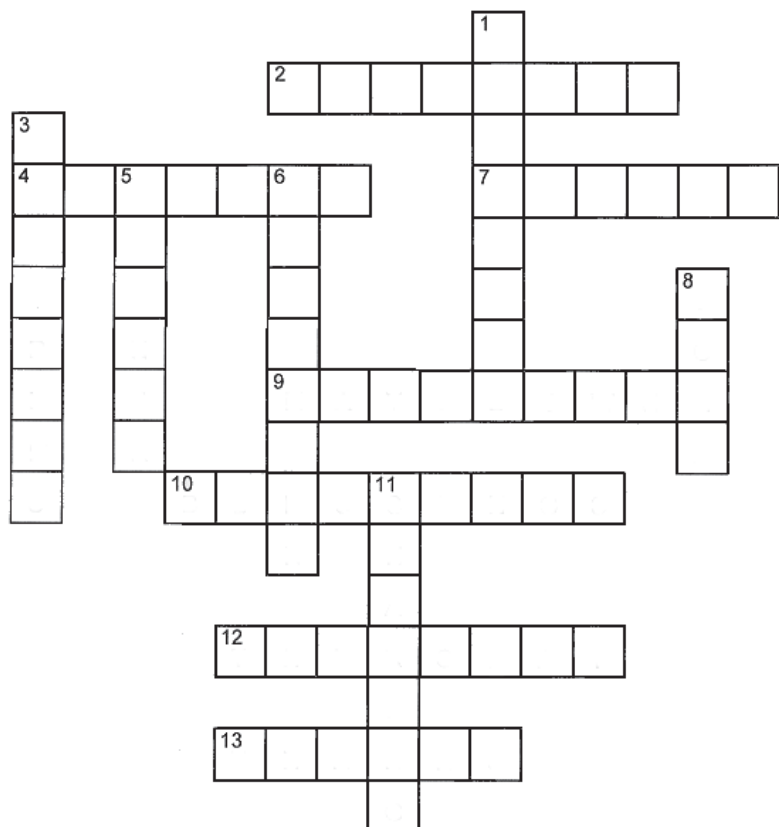
Thanksgiving
by Sunnie BunnieZZ

Across

- 2 Pilgrim landing rock
- 4 Shared feast with Pilgrims
- 7 Holiday Bird
- 9 Ship settlers came over on
- 10 Bounties
- 12 Holiday Day of week
- 13 Thank you shortened

Down

- 1 Sport enjoyed on this holiday
- 3 Settlers came on Mayflower
- 5 Meal 6 Thanksgiving Month
- 8 Vegetable at first Thanksgiving
- 11 Give some of what you have



Produced by:
Shonte McNeil, Property Manager, Golden Rule Apartments, Inc. and
Jessica Stackhouse, Director of Communication, Columbus Property Mgmt